

## Ynot Wednesdays? 2019 Appreciation Weeks Donation Lists

**July 3: Military Appreciation Night:** We will be collecting donations to support the local USO centers. Below is a list of accepted items.

### Consumables:

- Shelf-stable, nonperishable snack bars
- Protein bars
- Chips, crackers, sandwich crackers in individual snack sizes
- Sports drinks, juice boxes, soda
- Granola bars, fruit snacks, beef jerky, etc.

### Non-Consumables:

- Paper and plastic products such as paper plates, napkins, cups, spoons, and forks.
- Sanitizing wipes
- Gift cards (especially to Sam's Club, Restaurant Depot, Target, or any grocery store)
- Money! Text "USOHRCV" to 50155 to make a donation

**June 26: CHKD Night:** We will be collecting new books for children ages 6 months to 10 years for CHKD's Pediatric Reach Out and Read program. As part of the well-child visit, the pediatrician or nurse practitioner gives an age-appropriate book to the child, comments on the child's abilities, and counsels the parent on how to use books to support the child's healthy development. To learn more about the program, visit <http://www.chkd.org/Our-Doctors/Our-Pediatricians/Patient-Resources/Reach-Out-and-Read/>.

**July 31: Virginia Beach SPCA Night:** We will be collecting new dog, cat and small animal toys to donate to the local VBSPCA. Below is a list of accepted items. Please note: most toys do have to be in new condition or have the ability to be sanitized and reused. Certain brands are listed to help identify the type of toy, but similar toys of different brands are also accepted.

### Dog Toys

- Durable, stuffed dog toys \*Used toys like tennis balls cannot be accepted for sanitary reasons
- Kong Toys (any size)
- King Floppy Knots Toys
- Kong Wobblers
- Nylabone Dog Toys (all shapes and sizes)
- PetSafe Busy Buddy Dog Toys (all shapes and sizes)
- Busy Buddy Rawhide Ring Refills

- Omega Paw Tricky Treat Ball
- Dental Chew Toys
- Busy Feeder Bowls
- Puppy Teething Chew Toys

#### Cat Toys

- Turbo Scratcher Circular Cardboard Refills
- Cat Scratchers of any sort (new or gently used)
- Refillable Catnip Toys
- Catnip
- Catnip Spray
- Crinkle Balls
- Spring Toys
- Interactive Toys like Wands and Laser Pointers
- Kicker Toys
- Dental Toys
- Tunnels
- Cat Towers and Perches
- Catit Senses 2.0 Toys

#### Small Animal Toys (Rabbits, Guinea Pigs, Hamsters, Gerbils, Rats, Mice, Birds)

- Wooden Chew Toys
- Living World Teach 'N Treat
- Cage Enrichment For Small Birds, like hanging mirrors, bells, cubbies, treats
- Carefresh Small Animal Bedding

**August 7: Education Foundation of VB Night:** We will be collecting food for the Beach Bags program. The Beach Bags program provides shelf-stable meals and healthy snack to students who might otherwise go hungry during the weekends and over school breaks. To learn more about the program, visit [https://www.vbschools.com/community/community\\_support\\_programs/beach\\_bags](https://www.vbschools.com/community/community_support_programs/beach_bags). Below is a list of accepted items for the Beach Bags.

- Individual sized cereal boxes
- Individual packets of oatmeal
- 8 oz. shelf-stable milk cartons
- Individual shelf-stable main course items (ravioli, spaghetti & meatballs, macaroni & cheese, soups, etc.)
- 4 oz. (or larger) fruit cups
- 100% juice boxes
- Individual wrapped snack items (granola bars, raisins, pretzels, etc.)