

# girls getaway



## Girls Just Want To Have Fun

A 3-day, 2-night girls-only getaway. Bring best friends together for a relaxing, spirit-renewing, closet-restocking adventure.

### Day 1 | Get your beach mood started.

**PM:** Check into your oceanfront cottage rental, then breathe in the salt air as you take an afternoon stroll on the beach. Sandbridge cottages can sleep up to 20 – enough room for all the girls. Go for a session at **Hot House Yoga** and let its 5-star amenities put you in the mood to be spoiled. Start the evening at a local favorite, **Mahi Mah's Seafood Restaurant and Sushi Saloon**, for delicious atmosphere. Look out on the Atlantic Ocean as you sample the wine list. Take the night to another level with dancing at a local club, or check out "Broadway at the Center" at the **Sandler Center for the Performing Arts**.

### Day 2 | Soothing, shopping, and a night on the town.

**AM:** More pampering is in store at the **Founders Inn's Flowering Almond Spa**. After a luscious caviar body wrap, and brunch at the beautiful **Swan Terrace Restaurant**, you'll be in great form for shopping. **Lynnhaven Mall** is the city's largest, with **Hilltop Shopping Center** offering boutiques and premium goods. For outdoor lovers, check the **Farmers Market** for produce, antiques and crafts.

**PM:** With something new to wear, it's time to wine and dine. Catch up with the girls with an evening out on the town. **Town Center**, in the heart of Virginia Beach, offers indulgent dining, like **Ruth's Chris Steakhouse**, **McCormick & Schmick's Seafood Restaurant** or **Sonoma Wine**. Laugh the night away at **Funny Bone Comedy Club & Restaurant**.

### Day 3 | Go in peace, with a full tummy.

**AM:** Wrap up your trip with serenity of body, mind and spirit. The **Association of Research and Enlightenment (A.R.E.)** offers education, spiritual treatment and massage through its Day Spa Center. Before going your separate ways, enjoy a late lunch at the **Cobalt Grille**, known for big city flair. A great place to plan your return trip.